



# Welcome to

# TIEMS 25<sup>th</sup> Anniversary (1993 – 2018) Conference <u>www.tiems.org</u>

# First Announcement and Call for Papers and Posters

MANILA, PHILIPPINES, November 13 - 16, 2018

At







www.ust.edu.ph/nursing

In cooperation with the University of Santo Tomas College of Nursing

Welcome to Manila, Host City of TIEMS 2018 25th Anniversary Conference







# TIEMS Celebrates its 25th Anniversary in May 2018

#### 1993

TIEMS was established in Washington DC, USA, as The International Emergency Management and Engineering Society (TIEMES) and registered in Dallas, Texas, USA, as a non-profit organisation. Among the group of founders were Jim Sullivan, USA (First President), K. Harald Drager, Norway (First Vice President), Suleyman Tufecki, USA (First Treasurer), Jean Luc Wybo (Board Member), France and Ross Newkirk (Board Member), Canada.

#### 1996

The Society was reorganized and changed its name to The International Emergency Management Society (TIEMS) and its registration was moved to Florida, USA

#### 2003

The Society's registration was moved to Zürich, Switzerland in order to be close to other international organisations having operational centres in Switzerland.

#### 2006

TIEMS moved to Belgium, where TIEMS today is registered as an International, Independent and Not for Profit NGO.

More of TIEMS history can be found on TIEMS web-site at:

http://www.tiems.info/index.php/aboutus/tiems-history



# TIEMS 2018 Annual Conference Call for Papers and Posters

In an interconnected and interdependent world, coordination and collaboration between cities, provincial, national, international agencies and non-governmental organizations have become critical to the promotion of disaster management, disaster risk reduction and climate change mitigation. The TIEMS 2018 Annual Conference will explore best practices and emerging technologies, to facilitate the coordination of valuable resources and urban planning strategies to build resilient communities.

The main topic is:

# DISASTER RISK REDUCTION AND CLIMATE CHANGE MITIGATION Plans, Preparation, & Collaborative Strategies.

Presentations from International and Philippines experts will provide valuable insights and the interactive workshops will create an exceptional opportunity to discuss national and international perspectives.

# List of Topics (not limited to)

- Disaster Risk Reduction
- Risk Identification and Assessment





- Capacity Buildings for Emergency Preparedness of Disasters
- USAR Capacity Building
- Certification and National Accreditation Process (NAP)
- NGO/FRs/CERTs Capacity Building and Role in Disaster Response
- Case Studies of the Disasters
- National Plan on Comprehensive Disasters Preparedness and Response
- Climate change
- Education in crisis and emergency management
- ICT and robotics in crisis and emergency management
- Volunteers in disaster relief and armed conflict zones
- Best practices
- Standards

#### **Submission Guidelines**

All papers must be original and not simultaneously submitted to another conference or journal. The following submissions categories are welcome:

- Full papers
- Posters

### Important dates

Abstract submission deadline: 1<sup>st</sup> August 2018

Notification of acceptance: 15<sup>th</sup> August 2018

Full-text submission: 15<sup>th</sup> September 2018

Final Paper/Poster acceptance: 1<sup>st</sup> October 2018

Submission link: https://easychair.org/cfp/tiemsac2018

# International Program Committee

- Conference Chair Kåre Harald DRAGER, Professor, President of The International Emergency Management Society TIEMS (Norway)
- Co-chair Andre SAMBERG, Professor of Practice, Head of TIEMS Mission to Ukraine (Finland)
- Guosheng QU, Professor, Director, Research Center of Digital Disaster Mitigation and Emergency Management (China)
- Thomas ROBERTSON, TIEMS Regional Director for North America
- Jaroslav PEJCOCH, Chairman of the Board of T-Soft a.s. (Czech Republic)
- Sandro BOLOGNA, TIEMS International Program Committee Chair, Past President of the Italian Association of Critical Infrastructure Experts AIIC (Italy)
- Meen Bahadur Poudyal CHHETRI, Professor, President of Nepal Center for Disaster Management and Director of the Department of Disaster Management of Dhading District, Under Secretary of the Ministry of Home Affairs, TIEMS Paper Review Committee Chair (Nepal)
- Jean-Paul MONET, Lieutenant-colonel, Head of Fire District, Chief of Division of Bouches-du-Rhône Fire Brigade (France)





- Snježana KNEZIĆ, Professor, University of Split, Faculty of Civil Engineering, Architecture and Geodesy (Croatia)
- Young Jai LEE, Professor, Dongguk University, and Principle Investigator of Global DRR Technology Platform (South Korea)
- George MARKOWSKY, Professor, Missouri University of Science and Technology, Chair of TIEMS Academy (USA)
- Elizabeth D. CORTEZ, Assistant Professor, University of Santa Tomas Manila (Philippines)
- Angeli MEDINA, TIEMS Philippines President (Honorary)

# **Local Organizing Committee**

- Dr. Angeli Medina, BSN, MPA, RN, CHPCP, CBCP, AMBCI, CEN
- Ass. Prof. Elizabeth Cortez
- Col. Judith G. Dolot, Deputy Director at Bangko Sentral ng Pilipinas
- Dr. Jaime Almora, Founder, Almora General Hospital, BOD, PHA

# **Invited Speakers**

Pending invitations are out for keynote speakers for TIEMS 2018 25<sup>th</sup> Anniversary Conference.

#### **Publication**

TIEMS AC2018 presentations will be published in the TIEMS Open Access Proceedings on the TIEMS website, <u>www.tiems.org</u>. Selected papers will be invited for peer-review publishing in an international journal.

# **Conference Program**

TIEMS 2018 Annual Conference in Manila Concept Program (Tentative)

Monday 12 <sup>th</sup>	Tuesday 13 <sup>th</sup>	Wednesday 14 <sup>th</sup>	Thursday 15 <sup>th</sup>	Friday 16 <sup>th</sup> November	
November	November	November	November		
Arrival of	Pre- Conference	Welcome & Opening (1 hour)	Plenary Sessions (2 Hours)	Plenary Session 1 (1 hour)	
Delegates	3 <sup>rd</sup> USTCN	Plenary Session 1	. ,	Parallel Technical Sessions	
		(1 hour)		(1 Hours)	
	Conference on	Coffee Break with visit to Posters & Exhibition (30 min)			
Reception and	DRR and	Plenary Session 2	TIEMS	Summary & Conclusions	
Poster Session	Climate Change	(2 hours)	Annual General	(1 hour)	
and Registration	_		Meeting (1 hour)	End of Program	
	Program	Lunch with visit to Posters & Exhibition (1 hour)			
Get Together		Parallel Technical	Parallel Technical		
Networking		Sessions	Sessions	Visit to Emergency and	
		(1 Hours)	(1 hour)	Disaster Management	
		Coffee Break with visit to Posters & Exhibition		Operational Organizations	
		(30 min)		in Manila and Surroundings	
		Parallel Technical	Parallel Technical		
		Sessions	Sessions		
		(1 hour)	(1 hour)		
		Welcome Reception	Gala Dinner		
		welcome Reception	Gaia Dillillei		





#### Venue

The conference venue is The UST College of Nursing: <a href="www.ust.edu.ph/nursing">www.ust.edu.ph/nursing</a>.

#### Contact

Submissions and conference questions should be e-mailed: to <a href="mailed:angelism60@gmail.com">angelism60@gmail.com</a>.

#### **Exhibition**

The international emergency management industries are welcome to exhibit their products, systems and solutions for improved resilience, and arrange local workshops for demonstrations.

### TIEMS 2018 Annual Conference Registration and Payment

Conference registration fees (in USD)

Registration Type	Before July 31, 2018 Early Bird	August 1 - November 12, 2018	On registration	
TIEMS Member	250	275	300	
Non TIEMS Member	300	325	350	
Government/Military/NGO	100	125	150	
Philippine Local Residents	80	90	100	
Active Students	50	60	70	
Exhibition Space (9 m <sup>2)1</sup>	795	1050	1125	

- 1. Exhibition Space Registration includes one full personnel registration
- 2. Registration fee includes one year TIEMS membership fee
- 3. No refund of registration fee after October 1st 2018
- 4. Registration fee includes access to the full conference program, lunch and coffee every day, social events, conference paper program and conference proceedings on an USB

There will be arranged a TIEMS 25<sup>th</sup> Anniversary Gala Dinner on Thursday 15<sup>th</sup> November 2018, and more details of this event will be given shortly, and participants can register and pay for this event separately.

TIEMS accepts payment with PayPal, Credit Cards (Visa, Master Card and American Express) and Bank Transfer to TIEMS Account.

Please, use the following link for registration and payment:

http://www.tiems.info/index.php/events-reg-pay/tiems-2017-annual-conference

Remember Early Bird Registration before July 31, 2018





# 13th November Pre Conference Program

# The third USTCN Conference on Disaster Risk Reduction and Climate Change

- Increase awareness on the issues of disaster risk reduction and climate change mitigation.
- Develop initiatives and collaboration among different sectors in the society.
- Promote awareness of the development of disaster resilience programs and climate actions in varied sectors.

#### Main Topic:

# Disaster Risk Reduction and Climate Change Mitigation: Plans, Preparation, & Collaborative Strategies

Date: November 13, 2018

Venue: UST College of Medicine Auditorium

#### Morning Session:

7:30 - 8:00 am:	Opening Prayer National Anthem Opening Remarks
8:00 - 8:30 am:	"Philippine Disaster Resilience Foundation" (pending confirmation) His Eminence Cardinal Luis Antonio Cardinal G. Tagle, D.D. Co-Chair & Trustee, Philippine Disaster Resilience Foundation
8:30 - 9:00 am:	"Climate Change Mitigation" (pending confirmation) Honorable Secretary Emmanuel de Guzman Climate Change Commission
9:00 - 9:30 am	"Emergency & Disaster Management" (Norway) Dr. Harald Drager TIEMS President
9:30 - 10:15am	"The Philippines' Current Strategies in Disaster Risk Reduction & Climate Change" Honorable Undersecretary/ Dr. Renato Solidum Jr. Undersecretary, Disaster Risk Reduction and Climate Change Adaptation - DOST
10:15 -11:00am	"Civil Protection During Disasters" Director Susana Juangco, MPH, RN Capacity Building and Training Service, Office of Civil Defense-NDRRMC
11:00- 11:45am	"Mutual Assistance Agreement & Healthcare Continuity Reserve Corps" Dr. Jaime Almora, Founder of Almora General Hospital, BOD, PHA & Angeli Medina BSN, MPA, CHPCP, CBCP, AMBCI, CEN NYHHS Nurse Educator
11:45 - 12:15pm	"Status of SMD Hospital & Rebuilding Efforts in Malawi City". Dr. Saffrullah M. Dipatuan Medical Director, SMD General Hospital, Marawi City





12:00 - 1:00 pm: LUNCH BREAK

Afternoon Session:

1:00 - 1:45 pm: "Disaster Risk Reduction and Climate Change Mitigation" (USA)

Dr. Carl Taylor

Founding Partner- Fraser Institute for Health and Risk Analytics, CEO

XCH LLC, TIEMS USA BOD

1:45 - 2:15 pm: "Emergency Preparedness and Response for Catastrophe" (China)

Dr. Gousheng Qu TIEMS Vice President

2:15 - 2:45 pm: "Preserving Cultural Heritage as Climate Changes" (U.S.A.)

Dr. Thomas V. Robertson

Director, TIEMS North America Region

2:45 - 3:15 pm: "Volunteer Prep for the Big One"

Mayfourth Luneta

Deputy Director, Center for Disaster Preparedness

3:15 - 3:45 pm: "Disaster Risk Reduction" (Croatia)

Dr. Snjezana Knezic

Faculty of Civil Engineering & Architecture, University of Split TIEMS

**Board of Director** 

3:45 - 4: 15pm: "Disaster Risk Management" (Czech Republic)

Dr. Jaroslav Pejcoch

TIEMS Secretary/Chair T IEMS Advisory Board

4:15pm - 4:45 Coffee Break

4:45: Closing Remarks

15Dean Susan N. Maravilla, DNM, RN

Dean, UST College of Nursing

5:00 pm Picture Taking

**UST Hymn** 

# **University of Santo Tomas**

The University of Santo Tomas is one of the top four universities in the Philippines and is consistently ranked among the top 1000 universities in the whole world. UST is both timeless, owing to its more than four hundred years of quality Catholic education, and timely, as it continuously responds to the needs of the present.

The University of Santo Tomas (UST) is the oldest existing university in Asia. In terms of student population, it is the largest Catholic university in the world in a single campus. The institution was established through the initiative of Bishop Miguel de Benavides, O.P., third Archbishop of Manila. On July 24, 1605, he bequeathed the amount of one thousand five hundred pesos and his personal library for the establishment of a "seminary-college" to prepare young men for the priesthood. Those funds, and his personal library, became the nucleus for the start of UST and its library.





The founding of the University of Santo Tomas followed on April 28, 1611. With the original campus located in Intramuros, the Walled City of Manila, UST was first called Colegio de Nuestra Señora del Santisimo Rosario, and later renamed Colegio de Santo Tomas, in memory of the foremost Dominican Theologian, St. Thomas Aquinas.

#### **Venue and Hotels**

TIEMS 2018 Annual Conference will take place at the University of Santo Tomas University.

Rooms can be booked at Manila Hotel at a favorable rate or at other hotels close to the venue.

Manila Hotel (<a href="http://manilahotel.website/">http://manilahotel.website/</a>)



TIEMS has reserved 50 rooms at Manila Hotel, which can be booked by conference participants until 13<sup>th</sup> September at a favourable rate. After 13<sup>th</sup> September 2018, TIEMS cannot guarantee availability nor the favourable rate at Manila hotel. The booking form is found below:

Please, fill out and send the form to the Mr. Adrian Salumbides - Sales Manager, The Manila Hotel with

e-mail: a.salumbides@themanilahotel.com

Prices at Manila hotel is as follows:

 Superior Deluxe King/Twin bed and including breakfast: (Php 6,500.00 nett per room per night): Additional Php 2,500.00 nett for extra person (with breakfast already and extra bed).









Manila Hotel is a beautiful 5-star hotel in Manila less than half a mile from iconic Intramuros and half a mile from Manila Cathedral. The hotel provides free Wi-Fi access and facilities like in-house dining options, a business center and an outdoor swimming pool.

The rooms are elegantly decorated and provide guests with a flat-screen TV, air conditioning and a sitting area. Featuring a shower, the private bathrooms also have a bathtub and a hair-dryer. The suites have an iPod docking station, bathrooms fitted with Italian marble and a





senso memory foam mattress. Some rooms have views of Manila Bay, and others have views of the city.

The Mabuhay Palace restaurant serves authentic Cantonese dishes, and The Champagne Room provides French delicacies. There is also Cafe Ilang-Ilang which serves Asian food. Guests can also relax in The Tap Room Bar or in the lobby lounge. Alternatively, enjoy a refreshing drink by the Pool Bar. The hotel's deli services light snacks and drinks throughout the day. Other facilities at the hotel include a fitness center and a spa. The spa provides a variety of massages.

The hotel is located half a mile from Palacio del Gobernador, and Ninoy Aquino Airport is 5.5 miles away. The property provides free parking for guests' convenience.

There will be arranged a bus transport from/to Manila hotel and UST for participants staying at Manila Hotel

# THE MANILA HOTEL

Event Title: TIEMS ANNUAL CONFERENCE 2018
Room Accommodation:
Full Name of Guest/s: 1.
2.
Bed Type: Superior Deluxe King/Twin (Php 6,500.00 nett per room per night):
*Additional Php 2,500.00 nett for extra person (with breakfast already and extra bed)
Email Address:
Check-in date: Check-out date:
Credit card number: Expiry date:
Transportation:
Van – Php 2,250.00 per way
Car – Php 1,140.00 per way
Airport pick up (Airport to The Manila Hotel) – YES NO
Type of Vehicle:
Flight Details(Flight number and ETA):
Airport drop off (The Manila Hotel to Airport) – YES NO
Type of Vehicle:
Flight Details(Flight number and ETD):
*Please take note that the credit card information will be used to guarantee the reservation. Payment
will be done upon check-in. A confirmation letter will be sent to the email address provided for the
reservation. Free cancellation 2 days prior arrival of the guest, after that, credit card will be charged for
1 day room charge for late cancellation or no shows.
*Bed type is upon availability.
*For inquiries you may contact:
Mr. Adrian Salumbides – Sales Manager, The Manila Hotel
E: a.salumbides@themanilahotel.com
T: 632 527 0011 loc 1107





# **University of Santo Tomas Accommodation**

TIEMS has also reserved 19 rooms at UST.

The Hotel 1611 has no link for public access since it is meant for the University guest. It is located in the 5<sup>th</sup> floor of the BGPOP/ Alumni Center; and there are 12 rooms.

In addition, it is also the Domus Mariae Residences, which is located inside the campus near the Architecture building, about a meter away from the BGPOP building. It is meant for UST international guests/students so rate is cheaper but likewise with limited 7 rooms.

TIEMS will come back a link for booking and deadline for holding the rooms reserved.



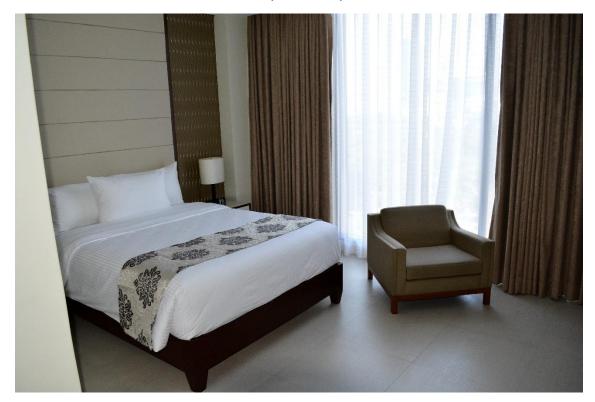
ROOM NUMBER	TYPE	VIEW	RATE	GUEST PER ROOM
501	Deluxe Twin	Pontifical View	PHP 4,200.00	2
502	Deluxe Twin	Pontifical View	PHP 4,200.00	2
503	Deluxe Double	Pontifical View	PHP 4,300.00	2
504	St Thomas Two Bedroom Suite	Pontifical View	PHP 7,500.00	4
505	Deluxe Double	Pontifical View	PHP 4,300.00	2
506	St Hyacinth One Bedroom Suite	St Hyacinth Suite	PHP 6, 500.00	2
507	Deluxe Twin	Tamarind Ville View	PHP 4,200.00	2
508	Deluxe Twin	Tamarind Ville View	PHP 4,200.00	2
509	Deluxe Double	Tamarind Ville View	PHP 4,300.00	2
510	St Dominic Two Bedroom Suite	Tamarind Ville View	PHP 7,500.00	4
511	Deluxe Double	Tamarind Ville View	PHP 4,300.00	2
512	Royal One Bed- room Suite	Tamarind Ville View	PHP 6, 500.00	2

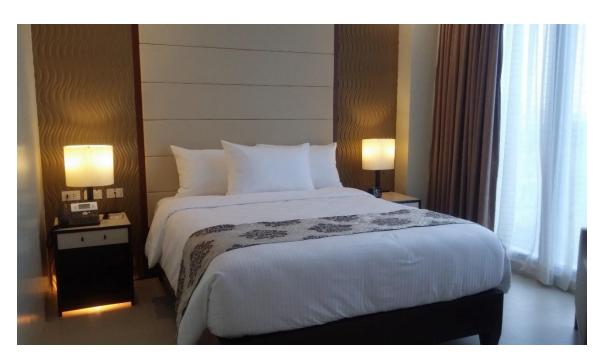




#### Note:

- Rate includes breakfast
- Extra guest: Php 1,000.00 with breakfast
- Plated Breakfast Extra order at Php 200.00/ person









#### **Domus Mariae International Residence**

#### **Domus Mariae International Residence**







#### History

The three-storey building, which formerly housed the old printing press, was converted into a dormitory in 1997 to accommodate international students and foreign visitors.

Part of the former Residence Hall of International students has been converted into a campus training hotel in a bid to boost hospitality programs in the university.

CTHM proposed the renovation of the dormitoru in 2010. The Domus Mariae International Residence was renovated to cater to the various courses of Hotel and Restaurant Management (HRM) and Travel Management (TM) programs that require a venue to stimulate actual industry operations.

The campus training hotel is located at the second floor of the Domus Mariae. It has a front desk, a management office, a laundry room, and a glass-walled demonstration room. There are 6 guest-rooms: two Deluxe Twin, two Deuxe Double, one Deluxe Single and one Suite Room (St. Hyacinth Suite).

It was named Domus Mariae, a Latin term for the "House of Mary" in honor of the Blessed Virgin Mary.



#### Room Types

St. Hyacinth Suite

Deluxe Twin

Deluxe Double

Deluxe Single

#### Rates

P 2,000 / night
P 1,500 / night
P 1,500 / night
P 1,500 / night



St. Hyacinth Suite



Deluxe Twin



Deluxe Double



Deluxe Single

#### Services and Amenities in your room:

Hot and Cold Water, Personal Refrigerator, Electric Kettle, Flat Iron & Ironing Board, Hair Dryer, In-room Safe, Office Desk, LED TV, Internet Access, Telephone, bath Tub & Daily Housekeeping Service.

#### At the Hotel:

24 hour security, Laundry and Pressing Services



# **TIEMS 2018 SPONSORSHIP PACKAGES**

Enhance your business exposure and on-site awareness with one of our following sponsorship packages:





SPONSOR LEVEL BENEFITS	Bronze 1,500 USD	Silver 3,000 USD	Gold 6,000 USD
Recognition on Conference Program and Pre-conference Announcements	Х	Х	X
Recognition in TIEMS Newsletter (4 issues per year)	X	X	X
Recognition on TIEMS web site (for 12 months)		X	X
Recognition on TIEMS Conference web- site for 6 months (Preceding the Conference)		X	X
One quarter page Advertisement Space in TIEMS Newsletter (4 issues per year)	X		
One half page Advertisement Space in TIEMS Newsletter (4 issues per year)		X	
One page Advertisement Space in TIEMS Newsletter (4 issues per year)			Х
Sponsor insert in Participant Handout/Bag at Conference		Х	Х
One 3x6 meter Exhibition Space for Presentations at Conferences	Х	Х	Х
One Sponsor-provided Banner at Conference Site (1.5 x 4 meters)			Х
One Complementary Registration*) at TIEMS Annual Conference	Х		
Two Complementary Registrations*) at TIEMS Annual Conference		Х	
Three Complementary Registrations*) at TIEMS Annual Conference			X

Please, contact TIEMS President for interest: <a href="mailto:khdrager@online.no">khdrager@online.no</a>





### Pictures from the Philippines



#### TRAVEL INFORMATION

The Philippines is a popular tourist destination for business travelers and conference attendees.

### **ENTRY REQUIREMENTS**

All travelers from foreign countries have to go through Immigration on arrival in the Philippines. Most travelers, including citizens of the EU, Argentina, Australia, Belgium, Cambodia, Canada, France, Indonesia, Israeli Nationals (59 days), Italy, Malaysia, Netherlands, New Zealand, Norway, Qatar, Republic of Korea, Russia, Saudi Arabia, Singapore, Spain, United Arab Emirates, USA and Canada, can enter without a visa with just their passports for 30 days.

Check, if you are eligible for visa-free entrance on the website of the Philippine Foreign Affairs: https://www.dfa.gov.ph

Other nationals are advised to contact the Philippine Department of Foreign Affairs at 02-556-000 or 02-234-3488 for visa requirements.

#### TRANSPORTATION

Public transportation in Metro Manila, Philippines is provided by light rail, rapid transit, commuter rail, bus, jeepney and taxi cab. E-hailing services Uber and Grab provide taxi-like services. Hotels also provide pick up services from the airport to the hotel. Travel from the airport to the Manila Hotel and nearby hotels will take around 30-60 minutes depending on traffic.







#### **MEALS**

Filipinos are well known for their masterpiece cuisine. Sample the fresh lumpia (spring roll), chicken sotanghon, beef mechado leche flan, chicharon, lechon, bibingka, kare kare, pansit, etc. There are many excellent restaurants in Manila.

#### MONEY/ BANKING

There are lots of cash machines. Credit cards may be used in hotels, restaurants, international airlines and shops. Changing foreign currency for Philippine pesos is legal only at banks, currency exchange desks at hotels, and licensed exchange booths. It is better to bring US dollars. General safety rules apply - do not flash large sums of money and never exchange currency with private people - it is illegal and with high probability is a scam.

#### CASH

There are cash machines around that would allow to get money with credit or debit cards (carrying Master Card/Visa logo). However, we would recommend using a bank for this purpose.

#### **EXCHANGE RATE**

Euro to Philippine Peso (as of April 8, EUR = 64.01 Philippine Peso PHP)

https://themoneyconverter.com/eur/uah.aspx

U.S. Dollar to Philippine Peso (as of April 8, U.S. = 52.04 PHP)

https://themoneyconverter.com/usd/uah.aspx





#### **FOOD**

Buying your own food in shops is a reasonable alternative to eating in cafes/restaurants. There are some grocery shops around the conference facility. Check with the Hotel Concierge for location. Western foods are available in Manila upscale shops. Philippine specialities to try from grocery and shops:

- Chocolate bars (SM Malls, Robinsons)
- Bread & Pastries (Goldilocks, Red Ribbon, etc)
- the kind that is sold in the markets is a totally different from what is sold in shops
- Meats/Chicken (Max's Chicken, etc.)

#### **SOUVENEIRS**





Souveneirs are available in many shops (SM Malls, Kultura Shops).

#### **LANGUAGES**

English and Pilipino are the two main languages spoken in the Philippines. The Philippines has 8 major dialects such as, Bikol, Cebuano, Ilonggo, Ilocano, Kapampangan, Pangasinan, Tagalog and Waray.

Most essential Tagalog words with English Translation:

Good morning: Magandang Umaga Good evening/night (greeting): Magandang Gabi

Goodbye: Paalam Thank you: Salamat po

Yes: Oo No: Hindi Please (to accompany a request): Pack





Excuse me (to apologize): Pasensiya na po What is the price of this?: Magkano ito

#### **USEFUL TIPS**

Time - PHT (Philippine Time)

Current Offset: UTC/GMT + 8 hours

Difference: 12 hours ahead of New York USA

Business hours - usual working hours in offices/institutes are 9.00-17.00 with the lunch break at 12.00-13.00, Monday to Friday. Most common opening time for smaller shops is 10.00-19.00, Monday to Saturday, sometimes 10.00-18.00 on Saturday. Larger shops and most cafes work 10.00-20.00 with no lunch break, every day including official holidays. Most bank branches work 10.00-18.00, Monday to Friday, lunch break at 12.00-13.00 Saturday 9.00-14.00.

#### **UTILITIES**

Electricity standard is 220 volts, 50Hz. An adapter may be needed for Western European appliances and a voltage converter for Northern American.

Tap water in the Philippines is chemically safe but drinking bottle water is recommended.

#### LOCAL TRANSPORTATION TO THE CONFERENCE VENUE

Most transportation during the conference will be made by foot (if the venue is at the Manila Hotel). However, a bus will be provided as a means of transportation if the conference venue will be at the UST. Taxis, Grab or Uber is inexpensive and convenient. Taxi can be hailed while Uber or Grab may be ordered by phone.

#### MEDICAL FACILITIES

We ask all participants to get adequate medical insurance for the whole period of their stay in the Philippines. TIEMS do not have any insurance for participants and will not be able to provide any financial assistance in case of any emergency.

Hospitals for medical care in the Philippines provide good standard of care by Western standards. Basic medical supplies are available in state and privately-owned and very numerous private pharmacies (drugstores). Many drugs that are sold in the Western countries solely with a doctor's prescription can be bought without any prescription and much cheaper. The Philippines is a country with well-trained doctors. Numerous private clinics exist including western-type clinics with Western and English-speaking medical staff. Philippine doctors in public and private hospitals will expect cash payment for their services. Hospitals would accept applicable foreign insurance, such as Blue Cross Blue Shield.

#### SAFETY TIPS

Despite some highly publicized crime stories, the Philippines is very safe. However, usual safety tips applicable to any country should be taken into account: watch your possessions; do not go





to deserted locations after dark; do not drink with strangers; if you intend to go out and drink alcohol leave your documents and valuables at your hotel (take a passport photocopy with you). Do not flash your money/thick wallets/credit cards, do not engage in street gaming or take money or wallets that are not yours from people who say that they found them; do not change currency with private persons.

#### PHILIPPINES FACTS

- The Philippines is a Southeast Asian country in the Western Pacific
- Comprise of 7,100 to 7,500 islands depending on whether it's high or low tide, making it the second largest archipelago in the world.
- Fifth largest English speaking nation behind the U.S. India, Pakistan and the U.K.
- Filipinos love basketball. The Philippine Basketball Association (PBS) is the 2nd oldest in the world after the NBA (Huffpost).
- Filipinos also love boxing and when Manny Pacquiao "PacMan" fights, the Philippine national Police report that street crime drops to zero in Metro Manila (Huffpost).
- The Philippines is the only Asian nation that is predominantly Christian with around 80% Roman Catholic).
- Filipinos are very sociable and spend lots of time sending text messages. It is estimated that Filipinos send about 400 million text messages daily or 142 billion texts per year, also known as the "texting capital of the world" which is more than total number of daily text messages sent in the U.S. and Europe (Huffpost).
- The Philippine Island of Palawan has been named one of the best island in the
  world by Conde Nast Traveler and Travel & Leisure. Puerto Princesa is a
  UNESCO world heritage site and 2nd longest underground river in the
  world.
- Filipinos love to shop at their shopping malls such Mega Mall, Mall of Asia and other SM Malls.
- Politeness is considered an art form and culture in the Philippines. Filipinos respect their elders e.g. seniors are addressed as "po" after please, thank you and other exchanges.

#### CHECKLIST FOR PARTICIPANTS

- Passport:
- Invitation from the organizers (scanned or faxed version is sufficient);
- Talk transparencies/poster;
- Photocopy of the passport title and visa pages;
- Voltage converters/adapters if needed;
- Phone numbers and addresses of your airline and embassy;
- Printout of the necessary information.

#### For other information contact

**TIEMS PRESIDENT** 

CALL US





K. Harald Drager +47 91 69 30 12

**EMAIL US** 

khdrager@online.no

**TIEMS SECRETARIAT** 

**CALL US** +32 2286 8038

FIND US

Rue Des Deux Eglises 39, 1000 Brussels, Belgium

**EMAIL US:** 

Secretariat@tiems.info

**2018 TIEMS Host Point of Contact:** 

Angeli Medina MPA, BSN, CBCP, CHPCP

angelism60@gmail.com